Happy Dining

勿洛店
Bedok Restaurant
6月2025年

喜来聚

海鲜



喜来聚海鲜位于登婆街50号，2018年开业。老板早期是经营活海鲜的。厨师来自辽宁省大连市。

本店经营各种鲜活海鲜，笋壳鱼，小龙虾，大闸蟹。菜系有东北菜，川菜和烧烤。我们的目标就是让您吃到最鲜活而且平价的海鲜，来到喜来聚可以品尝到各种生猛海鲜，让您不虚此行。

Xi Lai Ju Seafood (Happy Dining Seafood) started since 2018 at 50 Temple Street. The founder started with importing and distribution of live seafood. The chef is from China, Dalian City.

Our objective is for you to be able to eat all kinds of Live Seafood at a reasonable price. We have many types of live seafood such as Soon Hock Fish, Baby Lobsters and Hairy Crabs. We specialise in NorthernChina Cuisine, Si Chuan Cuisine as well as Grilled Skewers. We would like your trip to our restaurant worthwhile.

盛宴
Grand Banquet

八仙过海
Eight Immortals Platter

任选八样/Choose any 8

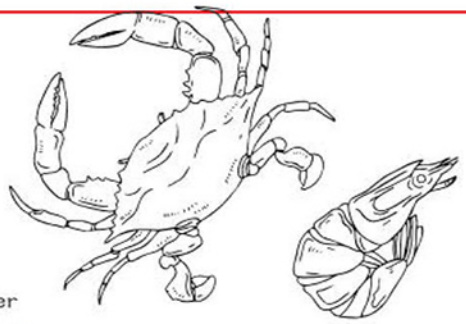
炒蟹Crabs/鲍鱼Abalone/皮皮虾Mantis Prawn
大虾Big Prawn/小龙虾 Baby Lobster/扇贝Scallop
花螺Sea Snail/笋壳鱼 Soon Hock Fish
石斑鱼Grouper/生蚝Oyster

$588



图片仅供参考 出品以实物为准
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盛宴 Grand Banquet

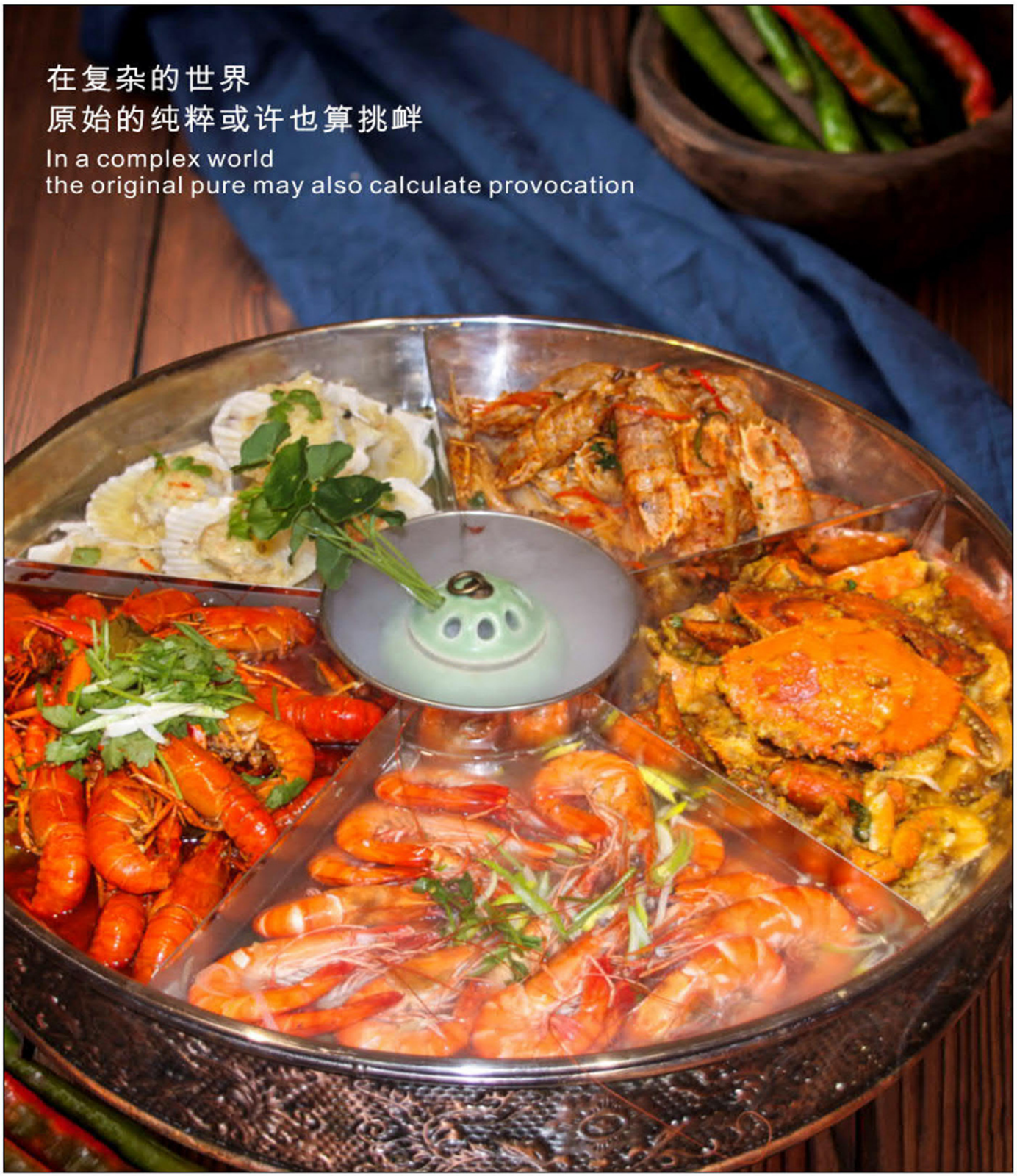


$288

五福临门
Five Blessings Platter

任选五样/Choose any 5

螃蟹Crabs/鲍鱼Abalone/皮皮虾Mantis Prawn
大虾Big Prawn/小龙虾 Baby Lobster/扇贝Scallop
花螺Sea Snail/笋壳鱼 Soon Hock Fish/生蚝Oyster



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海鲜咖

Seafood Platter

七鲜码头 $228

Joyful Wharf
小龙虾15只 Baby Lobster x 15
大虾15只 Big Prawn x 15
扇贝10只 Scallops x 10
螃蟹(400–500克) 3只 Crabs (400 to 500gms) x 3
皮皮虾6只 Mantis Prawn x 6
乖乖Gong Gong/啦啦La La/海螺蛳Sea Screw



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海鲜盛宴 Seafood Galore



海味优洋 Cheerful Ocean $128

小龙虾12只 Baby Lobster x 12
大虾12只 Big Prawn x 12
扇贝6只 Scallops x 6
螃蟹(400—500克) 2只 Crabs (400 to 500gms) x 2
来来 Gong Gong
啦啦 La La

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$88

海鲜小拼

Blissful Sea

小龙虾8只 Baby Lobster x 8
大虾8只 Big Prawn x 8
扇贝4只 Scallops x 4
螃蟹(300–400克) 2只 Crabs (300 to 400gms) x 2
耒耒 Gong Gong
啦啦 La La

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Ask 时价

澳洲龙虾
Australia Lobster

刺身，清蒸，蒜蓉，两吃
Sashimi, Steamed, Garlic,
can cook 2 types per lobster

波士顿龙虾
Boston Lobster

Ask 时价

刺身，清蒸，蒜蓉
Sashimi, Steamed, Garlic



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皮皮虾 (7寸) $7
Mantis Prawn (7 inches)

生吃（预定），白灼，椒盐
Raw (need advance order), Steamed, Salt and Pepper

皮皮虾 (8寸) $9
Mantis Prawn (8 inches)

生吃（预定），白灼，椒盐
Raw (need advance order), Steamed, Salt and Pepper





小龙虾 $38 / $48
Baby Lobster

麻辣，蒜蓉，十三香，黑胡椒
Hot and Spicy, Garlic, Thirteen Spices, Black Pepper



扇贝 $3.80
Scallop

蒜蓉，炝拌，椒盐
Garlic, Stir and Fry, Salt and Pepper



生蚝 $8
Oyster

生吃，烤，蒜蓉
Raw, BBQ, Garlic

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$6.80

鲍鱼
Abalone

清蒸，红烧，蒜蓉，
Steamed, Braised, Garlic





象拔蚌
Geoduck Clam

Ask 时价

刺身，冲油，炝拌
Sashimi, Oil Flushing, Stir and Fry



大虾
Big Prawn

$22

白灼，椒盐，麻辣，香辣盆盆虾，蒜蓉开边虾，
油焖大虾，麦片虾
Water Boiled, Salt and Pepper, Hot and Spicy,
Spicy Prawn, Garlic Sauce, Braised, Crispy Cereal



海螺蛳
Sea Screw

$15

香辣，麻辣
Spicy, Hot and Spicy



花螺
Sea Snail

$25

白灼，香辣
Water Boiled, Spicy

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螃蟹
Crab

咸蛋黄，辣椒，黑胡椒，清蒸，姜葱，香辣
Salted Egg, Chilli, Black Pepper, Steam, Ginger and Onion, Spicy

$38 / $58 / $88



贡贡
Gong Gong

$15

麻辣，香茅，水煮
Hot and Spicy, Lemon Grass, Boiled



啦啦
La La

$15

香辣，蒜蓉，葱香，黑胡椒
Spicy, Garlic, Onion, Black Pepper

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东南亚野生笋壳鱼每一条都有自己的脾气，
是阳光雨露滋润出来的味道。
Wild Soon Hock Fish is found in South East Asia,
while each fish has it's own temper,
it's texture is enhanced through the natural environment.

笋壳鱼 $58/$68/$88/$128
Soon Hock Fish

清蒸，红烧，油浸
Steamed, Braised, Oil Fried





红烧带鱼 $22
Braised Hairtail Fish



干炸带鱼 $22
Dry Fried Hairtail Fish

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金目鲈 $28
Sea Bass Fish

清蒸，油浸，烤鱼，手撕
Steamed, Oil Fried, Grilled, Hand Tear



干炸小黄花鱼 $22
Deep fried small Yellow Croaker



水煮鱼 $15
Fish Filets in Hot Chilli Oil



烤鱼 $28
Grilled Fish

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凉菜篇 Cold Dish Category



特色炸鸡 Special Fried Chicken **$14**



皮蛋豆腐 Century Egg with Bean Curb **$8**



凉拌猪耳朵 Braised Pork Ear **$8**



蒜泥白肉 Sliced Boiled Pork with Garlic Sauce **$12**



原味肘花 Original Flavour Pig Knuckle **$12**

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素捞拌
Vegetables Mixed
$12



海带丝炝豆腐丝
Shredded Seaweed Stir Fry Shredded Bean Curd
$8



捞汁松花蛋
Century Egg in Sauce
$12



酱香牛肉
Spiced Beef
$15



脱脂猪蹄
Non Fat Pork Hock
$6



$8
陈醋菠菜花生米
Spinach and Peanuts mixed with Soy Sauce



五彩拉皮
Chinese Colourful Pasta
$10

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小炒肉
Fried Meat
$18



苦瓜煎蛋
Bitter Gourd with fried Eggs
$10



手扒羊排
Boiled Lamp Chop with Sauce
$38

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肉类篇 Meat Category



姜葱鹿肉
Deer Meat with Ginger and Scallion
$25



$12 / $18
虾酱鸡
Prawn Paste Mid Wings



香辣牛肚
Spicy Tripe
$12



$22
大枣红烧肉
Braised Pork with Jujube

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回锅肉
Double Cooked Spicy Pork
$12



辣子鸡
Chilli Chicken Cubes
$12





京酱肉丝
Sauteed Shredded Pork with Bean Sauce
$12



孜然羊肉
Fried Lamb with Cumin
$15

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葱油肥牛
Oil Flushing Fatty Beef
$18



溜肥肠
Sauteed Pig's Intestines
$15



软炸里脊
Soft Fried Pork Fillet
$15



椒盐蒜香骨
Ribs with Wine Aroma
$22

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干锅菜花
Cauliflower in Dry Pot
$10



$10
干锅娃娃菜
Baby Cabbage in Dry Pot



干锅肥肠
Pig Intestines in Dry Pot
$15



干锅土豆片
Potato Slices in Dry Pot
$10

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$10

锡纸炭烧娃娃菜
Baby Cabbage in Tin Foil



$12

锡纸炭烧土豆片
Potato Slices in Tin Foil



锡纸肥肠
Pig Intestines in Tin Foil

$18

锡纸炭烧菜花
Cauliflower in Tin Foil

$8





$22

锡纸炭烧大虾
Big Prawn in Tin Foil

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锡纸菜色		
锡纸菜花	Tin Foil Cauliflower	$8
锡纸金针菇	Tin Foil Enoki Mushrooms	$10
锡纸土豆片	Tin Foil Sliced Potato	$12
锡纸啦啦	Tin Foil La La	$15
锡纸贡贡	Tin Foil Gong Gong	$15
锡纸肥肠	Tin Foil Pig Intestines	$18
锡纸娃娃菜	Tin Foil Baby Cabbage	$10
锡纸大虾	Tin Foil Big Prawns	$22
锡纸大鱿鱼	Tin Foil Big Squid	$22











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大白菜炖豆腐
Chinese Cabbage with Bean Curb
$10



酸菜炖五花肉
Pork Belly with Pickle Vegetables
$12



木耳瓜片鸡蛋汤
Agaric Melon slice Egg Soup
$8

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小鸡炖蘑菇 $28
Stewed Chicken with Mushroom





$25
西红柿炖牛肉
Stewed Beef with Tomato

红焖羊排锅 $38
Braised Lamb Chop Pot



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西红柿蛋花汤
Tomato Egg Soup

$8



小白菜丸子汤
Cabbage Meatball Soup

$12



紫菜肉松豆腐汤
Dried Seaweed Pork Floss Bean Curb Soup

$8



酸辣汤
Hot and Sour Soup

$8

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菜类篇 Vegetables Category



时蔬小炒皇 $10
Stir-fried Vegetables



干煸四季豆 $10
Dry Cooked String Beans



上汤娃娃菜 $10
Baby Cabbage in Soup Sauce



蒜蓉芥兰 $8
Gai Lan with Garlic

榄菜肉碎四季豆 $10
Stir-fried String Beans with Minced Meat and Preserved Olive Leaves





白灼秋葵 $8
Boiled Okra

清炒帝皇苗 $8
Stir Fried Emperor Miao Vegetables



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清炒青笋
Stir-fried Bamboo Shoots
$8

西芹果仁
Celery with Nuts
$8



叁芭空心菜
Samba Kang Kong
$10





蒜蓉油麦菜
Garlic Romaine Lettuce
$8

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菜类篇 Vegetables Category



西红柿炒鸡蛋
Scrambled Eggs with Tomato
$8



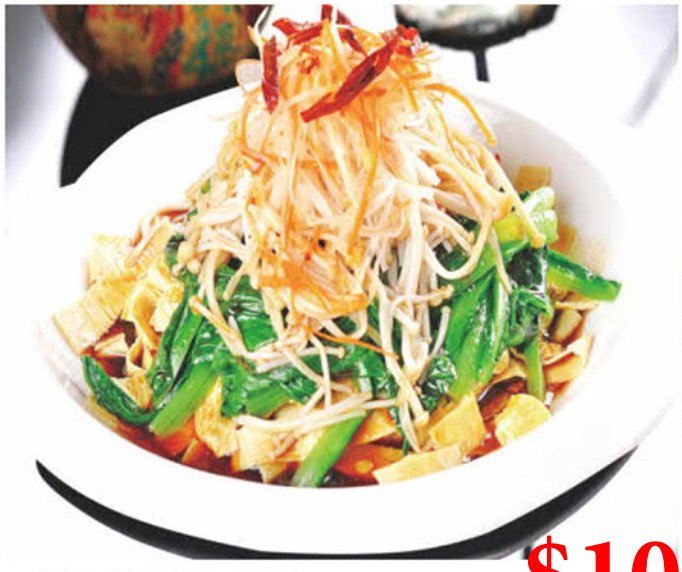
东北地三鲜
Stir-fried Potato, Green Capsicum and Eggplant
$10



麻婆豆腐
Bean Curb with Mince Meat and Chili Oil
$8



尖椒干豆腐
Dry Bean Curb with Green Pepper
$8



白灼素三鲜
Water Boiled Potato, Green Pepper and Eggplant
$10



清炒西兰花
Stir Fried Broccoli
$8

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烤鸡心
Grilled Chicken Heart
$1



烤鸡胗
Grilled Chicken Gizzard
$1



烤鸡肉串
Grilled Chicken
$1



烤翅中
Grilled Chicken Mid Wing
$1.50

烤羊排
Grilled Lamp Chop
$4



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烧烤篇 BBQ Category



烤牛肉串
Grilled Beef
$1



烤大鱿鱼
Grilled BIG Squid
$8



烤羊肉串
Grilled Mutton
$1



烤五花肉
Grilled Pork Belly
$1



烤大虾
Grilled Prawns
$1.50



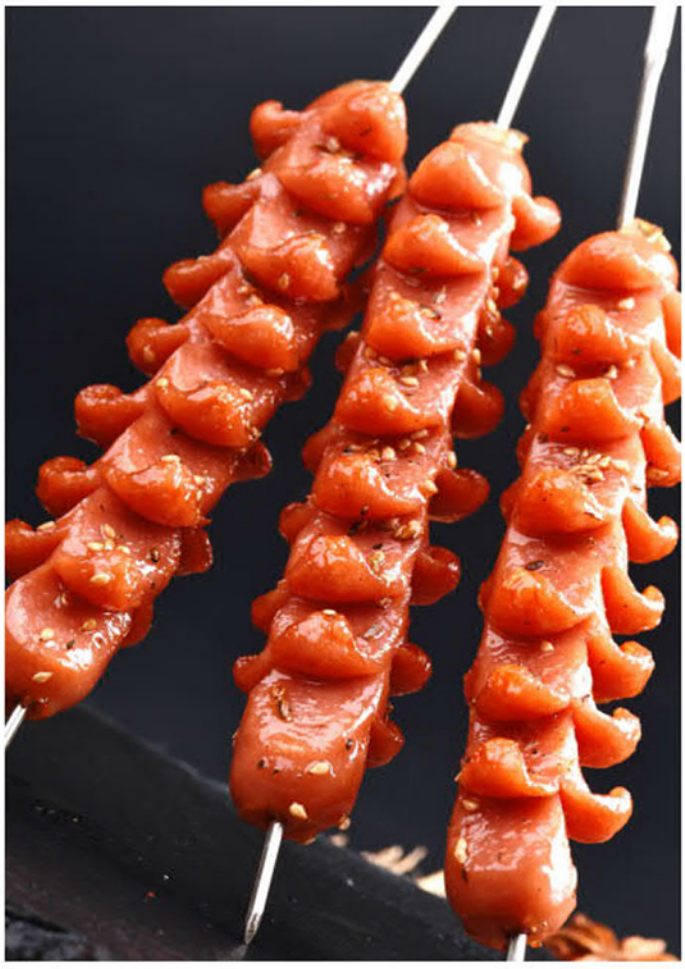
烤猪腰
Grilled Pork Loin
$1

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烤韭菜
Grilled Chives

$4 / 份



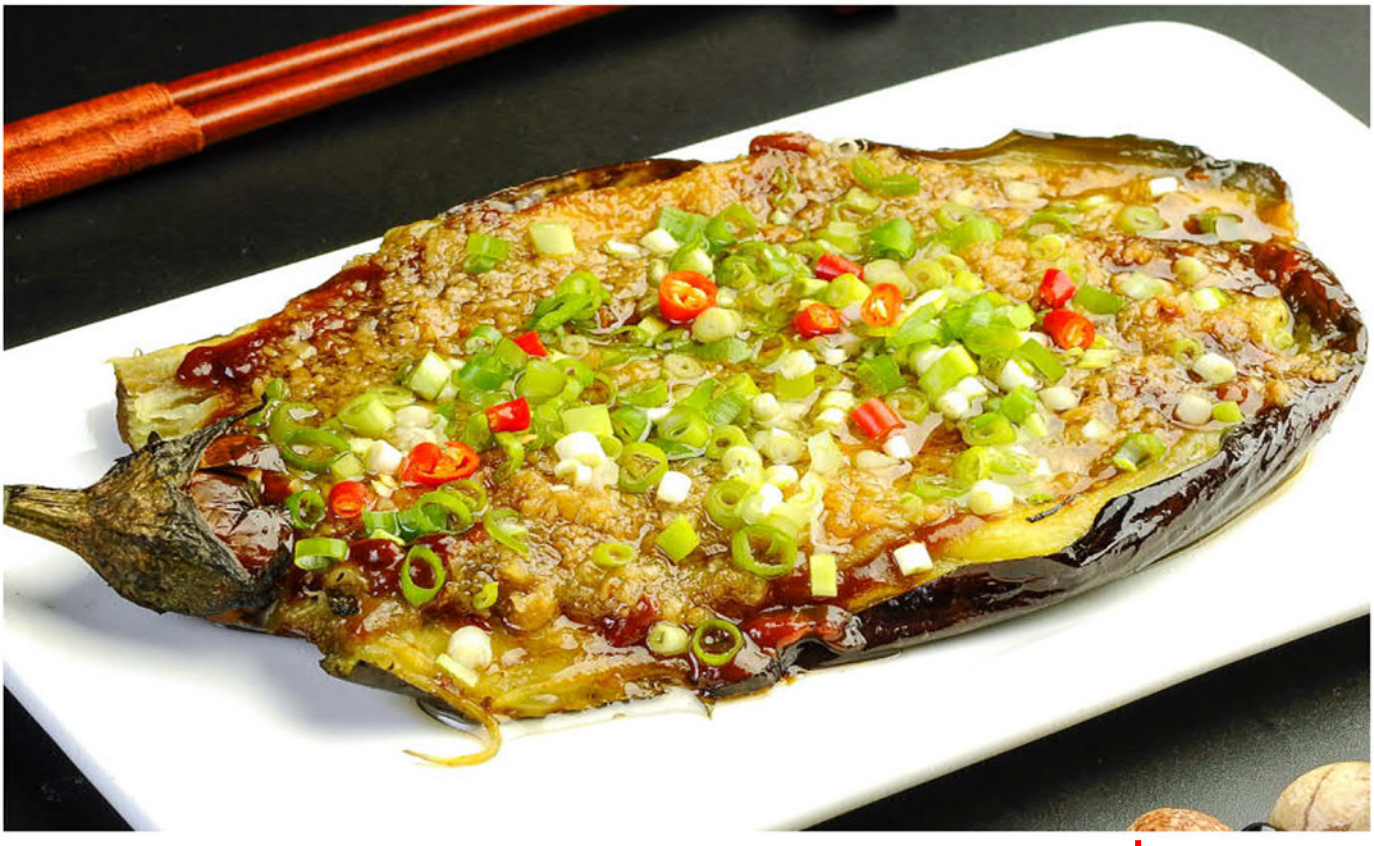


烤金针菇
Grilled Enoki Mushrooms

$4 / 份

烤台湾肠
Grilled Taiwan Sausage

$2



烤茄子
Grilled Egg Plant

$5

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烤青菜			
蒜蓉烤茄子	Grilled Eggplant	$5	串
烤大辣椒	Grilled Green Chilli	$1.50	串
烤油麦菜	Grilled Romaine Lettuce	$1	串
烤大蒜	Grilled Garlic	$1	串
烤玉米	Grilled Sweet Corn	$2	串
烤韭菜	Grilled Chives	$4	份
烤肉			
烤猪心	Grilled Chicken Heart	$1	串
烤牛肉筋	Grilled Beef Tendon	$2	串
烤熟鸡头	Grilled Cooked Chicken Head	$1	2个1串
烤熟鸡爪	Grilled Cooked Chicken Claw	$4	3个1串
烤台湾香肠	Grilled Taiwan Sausage	$2	串
烤猪蹄	Grilled Pig Hock	$5	半个
烤海鲜			
烤鲍鱼	Griiled Abalone	$10	2粒1串
烤去皮大虾	Griiled Big Prawn (without Shell)	$2	1个1串
烤生蚝	Grilled Oyster	$8	1粒
烤扇贝	Grilled Scallop	$4	1个
烤皮皮虾(七寸)	Grilled Mantis Prawn (7 inches)	$7	1只
烤皮皮虾(八寸)	Grilled Mantis Prawn (8 inches)	$8	1只
烤小奥龙	Grilled Small Australian Lobster	$88	1只
烤其他			
烤馒头	Griiled Steam Bread	$1	串
烤面包片	Grilled Bread Slice	$2	串

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主食篇 Filler Category

水饺 (酸菜肉) $6
Dumplings (Pickle Vegetables with Minced Meat)

水饺 (韭菜肉) $6
Dumplings (Chives with Minced Meat)

水饺 (白菜肉) $6
Dumplings (Cabbage with Minced Meat)

水饺 (芹菜肉) $6
Dumplings (Celery with Minced Meat)



锅贴 (酸菜肉) $8
Pan-Fried Dumplings
(Pickle Vegetables with Minced Meat)

锅贴 (韭菜肉) $8
Pan-Fried Dumplings
(Chives with Minced Meat)

锅贴 (白菜肉) $8
Pan-Fried Dumplings
(Cabbage with Minced Meat)

锅贴 (芹菜肉) $8
Pan-Fried Dumplings
(Celery with Minced Meat)



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三鲜疙瘩汤
Shrimp Macaroni Soup
$10



$12 四季炒面
Seafood Ee Noodles



白饭
Plain Rice
$1



牛肉河粉
Beef Hor Fun
$8

滑蛋河粉
Egg Hor Fun
$8



海鲜炒米粉
Seafood Bee Hoon
$10

滑蛋伊面
Egg Ee Noodles
$7

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鲜活海鲜粥
Fresh Seafood Porridge

$28



扬州炒饭
Yangzhou Fried Rice

$8



酱油炒饭
Soy Sauce Fried Rice

$8



蔬菜炒饭
Vegetables Fried Rice

$8

芹菜，韭菜，黄瓜，
油麦菜
Celery, Chives, Cucumber,
Romaine Lettuce
选其中一种菜
Choose any One type of Vegetables

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爆浆糍粑

Fried Glutinous Rice Cake

$8



黄金小馒头

Fried Buns

$8

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酒水类	Liquor and Drinks	价钱 / Price
白酒	**White Wine**	
二锅头 55度 (一斤)	Er Guo Tou 55% (500 ml)	$58.00
二锅头 56度 (二两)	Er Guo Tou 56% (100 ml)	$20.00
江小白 40度 (二两)	Jiang Xiao Bai 40% (100ml)	$18.00
啤酒	**Beer**	
老虎啤酒	Tiger Beer	$10.00
喜力啤酒	Heineken Beer	$10.00
雪花啤酒	Snow Flake Dry Beer	$6.00
青岛啤酒	TsingTao Beer	$6.00
饮料	**Beverages**	
可口可乐	Coca Cola	$2.00
可口可乐 (无糖)	Coca Cola (Zero)	$2.00
雪碧	Sprite	$2.00
汽水	Soft Drink	$3.00
王老吉 / 加多宝	Wang Lao Ji / Jia Duo Bao Herbal Drink	$3.00
绿茶	Green Tea	$2.50
冰糖雪梨	Rock Sugar Snow Pear	$2.50
冰红茶	Iced Black Tea	$2.50
酸梅汤	Plum Drink	$2.50
冰红茶柠檬味	Iced Black Tea Lemon Flavour	$2.50
矿泉水	Mineral Water	$1.50
中国茶, 菊花茶 (一杯)	Chinese Tea, Chrysanthemum Tea (1 Glass)	$2.00
中国茶, 菊花茶 (一壶)	Chinese Tea, Chrysanthemum Tea (1 Pot)	$8.00
开水	Water	$0.50

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